

UNION COMMUNITY SCHOOLS

LUNCH		GLUTEN FREE			MAY 2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
CHOICES OFFERED DAILY WITH A FRUIT / VEGETABLE BAR & FRUIT / VEGETABLE OF THE DAY						
COOK'S CHOICE WILL BE ANNOUNCED ONCE WE CLOSER TO THE END OF THE MONTH email c_glenn@union.k12.ia.us with questions		HAMBURGER ON GLUTEN FREE BUN				
SEASONED GRILLED CHICKEN ON GF BUN FRENCH FRIES PINEAPPLE FRUIT / VEGGIE BAR MILK	HAMBURGER ON GF BUN OR GF CORNDOG CORN MANDARIN ORANGES FRUIT / VEGGIE BAR MILK	GF CHICKEN TENDERS WITH GF CHIPS BAKED BEANS PEACHES FRUIT / VEGGIE BAR MILK	BBQ QTF RIB ON GF BUN GF COOKIE PEAS 100% JUICE FRUIT / VEGGIE BAR MILK	GF PIZZA GREEN BEANS APPLESAUCE CUP FRUIT / VEGGIE BAR MILK		
HAMBURGER ON GF BUN OR GF CORNDOG CORN PEARS FRUIT / VEGGIE BAR MILK	WALKING TACOS REFRIED BEANS PINEAPPLE FRUIT / VEGGIE BAR MILK	GF CHICKEN TENDERS WITH GF CHIPS MASHED POTATOES & GRAVY ROSY APPLESAUCE FRUIT / VEGGIE BAR MILK	BBQ QTF RIB ON GF BUN SWEET POTATO FRIES FRESH FRUIT FRUIT / VEGGIE BAR MILK	GF PIZZA MIXED VEGGIES MANDARIN ORANGES FRUIT / VEGGIE BAR MILK		
HAMBURGER ON GF BUN OR GF CORNDOG CORN PEACHES FRUIT / VEGGIE BAR MILK	SENIOR MEAL TALK TO KITCHEN CHEESY POTATOES STRAWBERRIES & BANANAS GF COOKIE FRUIT / VEGGIE BAR MILK	BBQ QTF RIB ON GF BUN BAKED BEANS APPLESAUCE CUP FRUIT / VEGGIE BAR MILK	CHEESEBURGER ON GF BUN FRENCH FRIES FRUIT CUP FRUIT / VEGGIE BAR MILK	GF PIZZA GREEN BEANS PINEAPPLE FRUIT / VEGGIE BAR MILK		
GF CHICKEN TENDERS WITH GF CHIPS PLAIN ROASTED POTATOES PEACHES FRUIT / VEGGIE BAR MILK	BEEF & CHEESE NACHOS REFRIED BEANS MANDARIN ORANGES FRUIT / VEGGIE BAR MILK	COOK'S CHOICE TALK TO THE KITCHEN TO REQUEST WHAT GF ITEM YOU WANT!		COOK'S CHOICE COOK'S CHOICE		
27	28	29	NO LUNCH SERVED FRUIT / VEGGIE BAR MILK	31		
NO SCHOOL MEMORIAL DAY		COOK'S CHOICE FRUIT / VEGGIE BAR MILK		11:00 AM DISMISSAL LAST DAY OF SCHOOL		
*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.						
BREAKFAST		GLUTEN FREE			MAY 2024	

UNION COMMUNITY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick
		100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
6	7	8	9	10
GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
13	14	15	16	17
GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
20	21	22	23	24
GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
27	28	29	30	
NO SCHOOL MEMORIAL DAY	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	GLUTEN FREE Cereal with Yogurt or Cheese Stick	OMELETS AVAILABLE UPON REQUEST
	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	