

UNION COMMUNITY SCHOOLS

LUNCH				GLUTEN FREE		APRIL 2024			
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
CHOICES OFFERED DAILY WITH A FRUIT / VEGETABLE BAR & FRUIT / VEGETABLE OF THE DAY									
GLUTEN FREE HAMBURGER ON GLUTEN FREE BUN									
GF HAMBURGER ON GF BUN 1		WALKING TACO 2		GF CHICKEN TENDERS 3		GF BBQ RIB ON GF BUN 4		GF PIZZA 5	
OR GF CORNDOGS				WITH GF CHIPS					
CORN		REFRIED BEANS		BROCCOLI WITH CHEESE		ORIENTAL VEGGIE BLEND		GREEN BEANS	
100% JUICE		PEARS		APPLESAUCE		MANDARIN ORANGES		PINEAPPLE	
FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK	
GF HAMBURGER ON GF BUN 8		GF HAMBURGER ON GF BUN 9		GF CHICKEN TENDERS 10		GF BBQ RIB ON GF BUN 11		GF PIZZA 12	
OR GF CORNDOGS		OR GF CORNDOGS		WITH GF CHIPS					
PEPPERS & ONIONS		CORN				COLESLAW		GREEN BEANS	
SWEET POTATO FRIES		PEARS		MASHED POTATOES & GRAVY		BAKED BEANS		MANDARIN ORANGES	
PEACHES		GF COOKIE		ROSY APPLESAUCE		FRUIT CUP			
FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK	
GF HAMBURGER ON GF BUN 15		WALKING TACOS 16		GF CHICKEN TENDERS 17		GF BBQ RIB ON GF BUN 18		GF PIZZA 19	
OR GF CORNDOGS				WITH GF CHIPS					
CORN		REFRIED BEANS		MIXED VEGGIES		ASPARAGUS		GREEN BEANS	
PEACHES		PINEAPPLE		APPLE OR APPLE SLICES		FRUIT CUP		MANDARIN ORANGES	
FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK	
GF HAMBURGER ON GF BUN 22		GF HAMBURGER ON GF BUN 23		GF CHICKEN TENDERS 24		GF BBQ RIB ON GF BUN 25		GF PIZZA 26	
OR GF CORNDOGS		OR GF CORNDOGS		WITH GF CHIPS					
UNSEASONED POTATOES		PEPPERS & ONIONS		CORN		GREEN BEANS		BROCCOLI WITH CHEESE	
PEACHES		REFRIED BEANS		APPLESAUCE CUP		MANDARIN ORANGES		PEARS	
		PINEAPPLE		1:00 DISMISSAL					
FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK	
SEASONED GRILLED CHICKEN		GF HAMBURGER ON GF BUN 30							
ON GF BUN 29		OR GF CORNDOGS							
PLAIN FRENCH FRIES		CORN							
PINEAPPLE		MANDARIN ORANGES							
FRUIT / VEGGIE BAR MILK		FRUIT / VEGGIE BAR MILK							
*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily									
May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.									

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BREAKFAST		GLUTEN FREE		APRIL 2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4	5	
GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	
Milk	Milk	Milk	Milk	Milk	
8	9	10	11	12	
GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	
Milk	Milk	Milk	Milk	Milk	
15	16	17	18	19	
GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	
Milk	Milk	Milk	Milk	Milk	
22	23	24	25	26	
GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	
Milk	Milk	Milk	Milk	Milk	
29	30				
GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREAL WITH YOGURT CUP OR STRING CHEESE	GLUTEN FREE CEREALS: HONEY NUT CHEERIOS	OTHER OPTIONS AVAILABLE UPON REQUEST: EGG OMELET		
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	CINNAMON CHEX			
Milk	Milk	LUCKY CHARMS			