

UNION COMMUNITY SCHOOLS

LUNCH		GLUTEN FREE			MARCH 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
NEW OPTIONS AVAILABLE UPON REQUEST:					
HOT HAM & CHEESE ON GF BUN					
HOT DOG ON GF BUN					
CHICKEN & CHEESE QUESADILLA ON GF TORTILLA					
				GLUTEN FREE PIZZA 1	
				GREEN BEANS MIXED FRUIT	
				FRUIT / VEGGIE BAR MILK	
GF CORNDOG 4 OR HAMBURGER ON GF BUN BAKED BEANS PEACHES	CHEESEBURGER ON GF BUN 5 CORN MANDARIN ORANGES	GF CHICKEN TENDERS 6 WITH GF CHIPS SWEET POTATO FRIES PEARS	GF BBQ RIB ON GF BUN 7 WITH GF COOKIE PEAS FRUIT CUP	GLUTEN FREE PIZZA 8 VEGGIES WITH CHEESE APPLE SLICES	
FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	
11	12	13	14	15	
SPRING BREAK - NO SCHOOL					
GF PIZZA 18 CORN PINEAPPLE	WALKING TACOS 19 REFRIED BEANS MANDARIN ORANGES	GF CHICKEN TENDERS 20 WITH GF CHIPS MASHED POTATOES GRAVY ROSY APPLESAUCE	GF BBQ RIB ON GF BUN 21 HASHBROWNS 100% JUICE	GLUTEN FREE PIZZA 22 GREEN BEANS PEACHES	
FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	
GF PIZZA 25 VEGGIES WITH CHEESE PEARS	CHICKEN & QUESO 26 NACHOS CORN PINEAPPLE	1:00 PM DISMISSAL GF CHICKEN TENDERS 27 WITH GF CHIPS BAKED BEANS APPLESAUCE	GF BBQ RIB ON GF BUN 28 OR HAMBURGER ON GF BUN MIXED VEGGIES FRUIT CUP	NO SCHOOL 29	
FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK		
*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.					

UNION COMMUNITY SCHOOLS

BREAKFAST		GLUTEN FREE			MARCH 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				YOGURT PARFAIT	1
				Choice: GF Cereal with Yogurt or String Cheese	
				100% Fruit Juice & Fruit Milk	
Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
11	12	13	14	15	
SPRING BREAK - NO SCHOOL					
Choice: GF Cereal with Yogurt or String Cheese	OMELET with GF CEREAL Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk
Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	Choice: GF Cereal with Yogurt or String Cheese	NO SCHOOL
100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	100% Fruit Juice & Fruit Milk	