

UNION COMMUNITY SCHOOLS

LUNCH		GLUTEN FREE		FEBRUARY 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>*OFFERED DAILY WITH A FRUIT / VEGETABLE BAR &amp; FRUIT / VEGETABLE OF THE DAY*</b>				
HAMBURGER ON GLUTEN FREE BUN				
			GF QUIK TO FIX BBQ 1 RIB ON GF BUN STEAMED VEGGIES PINEAPPLE FRUIT / VEGGIE BAR MILK	GF PIZZA 2  GREEN BEANS PEARS FRUIT / VEGGIE BAR MILK
GF CORNDOG 5 OR HAMBURGER ON GF BUN FRENCH FRIES PEACHES FRUIT / VEGGIE BAR MILK	CHEESEBURGER ON GF BUN 6  CORN MANDARIN ORANGES FRUIT / VEGGIE BAR MILK	GF CHICKEN TENDERS 7 WITH GF CHIPS BAKED BEANS APPLESAUCE FRUIT / VEGGIE BAR MILK	CHILI WITH GF CHIPS 8 GF COOKIE SAVORY CARROTS FRUIT CUP FRUIT / VEGGIE BAR MILK	GF PIZZA 9  GREEN BEANS PINEAPPLE FRUIT / VEGGIE BAR MILK
12	CHEESEBURGER ON GF BUN 13	GF CHICKEN TENDERS 14 WITH GF CHIPS CORN SIDEKICKS GF DESSERT FRUIT / VEGGIE BAR MILK	GF QUIK TO FIX BBQ 15 RIB ON GF BUN MIXED VEGGIES FRUIT CUP FRUIT / VEGGIE BAR MILK	GF PIZZA 16  BROCCOLI WITH CHEESE 100% JUICE FRUIT / VEGGIE BAR MILK
<b>NO SCHOOL</b>	PEPPERS & ONIONS REFRIED BEANS MANDARIN ORANGES FRUIT / VEGGIE BAR MILK			
PULLED PORK ON GF BUN 19  PLAIN POTATO WEDGES PEARS FRUIT / VEGGIE BAR MILK	CHEESEBURGER ON GF BUN 20  CORN PINEAPPLE <b>EARLY DISMISSAL</b> FRUIT / VEGGIE BAR MILK	GF CHICKEN TENDERS 21 WITH GF CHIPS MASHED POTATOES GRAVY ROSY APPLESauce FRUIT / VEGGIE BAR MILK	GF QUIK TO FIX BBQ 22 RIB ON GF BUN SWEET POTATO FRIES PEACHES <b>EARLY DISMISSAL</b> FRUIT / VEGGIE BAR MILK	23  <b>NO SCHOOL</b>
GF CORNDOG 26 OR HAMBURGER ON GF BUN BROCCOLI WITH CHEESE MANDARIN ORANGES FRUIT / VEGGIE BAR MILK	WALKING TACO 27 CORN REFRIED BEANS FRUIT CUP FRUIT / VEGGIE BAR MILK	GF CHICKEN TENDERS 28 WITH GF CHIPS TATER TOTS APPLESAUCE CUP <b>1:00 DISMISSAL</b> FRUIT / VEGGIE BAR MILK	GF QUIK TO FIX BBQ 29 RIB ON GF BUN STEAMED VEGGIES PINEAPPLE FRUIT / VEGGIE BAR MILK	GF PIZZA <b>MARCH 1</b>  GREEN BEANS MIXED FRUIT

\*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily

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May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.				
BREAKFAST	GLUTEN FREE			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FEBRUARY 2024 FRIDAY
			1	2
			Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup
			100% Fruit Juice & Fruit	100% Fruit Juice & Fruit
			Milk	Milk
5	6	7	8	9
Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit
Milk	Milk	Milk	Milk	Milk
12	13	14	15	16
OMELET	OMELET			YOGURT PARFAIT
Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	NO SCHOOL
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	
Milk	Milk	Milk	Milk	
26	27	28	29	MARCH 1
OMELET	OMELET			YOGURT PARFAIT
Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup	Choice: GF Cereal with String Cheese or Yogurt Cup
100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit	100% Fruit Juice & Fruit
Milk	Milk	Milk	Milk	Milk