

UNION COMMUNITY SCHOOLS

LUNCH				GLUTEN FREE				DECEMBER 2023	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				OFFERED DAILY				GLUTEN FREE PIZZA 1	
				Hamburger on GF Bun				GREEN BEANS	
				Fruit / Veg Bar & Fruit / Veg of the day & Milk				PINEAPPLE	
								FRUIT / VEGGIE BAR MILK	
BBQ RIB ON GF BUN 3	GF CHEESEBURGER ON 4	GF CHICKEN TENDERS 6	CHILI 7	GLUTEN FREE PIZZA 8					
(GLUTEN FREE QUIK TO FIX)	GF BUN	WITH GF CHIPS	WITH GF COOKIE	GREEN BEANS					
BAKED BEANS	CORN	MASHED POTATOES	SAVORY CARROTS	PINEAPPLE					
PEACHES	100% JUICE	GRAVY	FRESH FRUIT						
FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	ROSY APPLESAUCE	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK					
GLUTEN FREE CORNDOGS 11	WALKING TACOS 12	GF CHICKEN TENDERS 13	BBQ RIB ON GF BUN 14	GLUTEN FREE PIZZA 15					
		WITH GF CHIPS	(GLUTEN FREE QUIK TO FIX)	GREEN BEANS					
BROCCOLI WITH CHEESE	CORN	COTTAGE FRIES	PEAS	PINEAPPLE					
PEARS	REFRIED BEANS	APPLESAUCE CUP	FRESH FRUIT						
FRUIT / VEGGIE BAR MILK	MANDARIN ORANGES		FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK					
	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK							
GLUTEN FREE CORNDOGS 18	GF CHEESEBURGER ON 19	GF CHICKEN TENDERS 20	HOLIDAY MEAL 21						
	GF BUN	WITH GF CHIPS	HAM						
SWEET POTATO FRIES	CORN	BAKED BEANS	ROASTED POTATOES	WINTER BREAK BEGINS					
PEACHES	MANDARIN ORANGES	FRESH FRUIT	FRUIT SALAD & JOLLY SIDE KICKS	NO SCHOOL					
FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	GLUTEN FREE DESSERT						
	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK	FRUIT / VEGGIE BAR MILK						
25	26	27	28	29					
WINTER BREAK NO SCHOOL									

*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily

May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.

LUNCH						JANUARY 2024	
		GF CHICKEN TENDERS 3	BBQ RIB ON GF BUN 4	GLUTEN FREE PIZZA 5			
		WITH GF CHIPS	(GLUTEN FREE QUIK TO FIX)	GREEN BEANS			

UNION COMMUNITY SCHOOLS

		CORN & FRUIT CUP	FRENCH FRIES & PEACHES	PINEAPPLE
BREAKFAST		GLUTEN FREE		DECEMBER 2023
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				YOGURT PARFAIT 1 Choice: GF Cereal with String Cheese 100% Fruit Juice & Fruit
4 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	5 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	6 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	7 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	8 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk
11 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	12 OMELET Choice: GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	13 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	14 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	15 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk
18 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	19 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	20 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	21 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	22 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk
25	26	27	28	29
WINTER BREAK NO SCHOOL				
BREAKFAST				JANUARY 2024
NO SCHOOL	NO SCHOOL	3 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	4 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk	5 GF Cereal with String Cheese or Yogurt Cup 100% Fruit Juice & Fruit Milk