

UNION COMMUNITY SCHOOLS

| LUNCH                               | LA PORTE ELEMENTARY                        |  |  |                                       | October 2023 |
|-------------------------------------|--|--|--|---------------------------------------|--------------|
| MONDAY                              | TUESDAY                                    | WEDNESDAY  | THURSDAY                                     | FRIDAY                                |              |
| PULLED PORK 2<br>ON BUN             | CRISPITO BURRITOS 3                        | CRISPY CHICKEN 4<br>ON BUN   | MINI CORNDOGS 5                              | KNIGHT STICKS 6                       |              |
| BAKED BEANS                         | CORN                                       | CALI MEDLEY W/CHEESE   | SWEET POTATO FRIES                           | GREEN BEANS                           |              |
| PEACHES                             | MANDARIN ORANGES                           | APPLESAUCE   | FRESH FRUIT                                  | PINEAPPLE                             |              |
| FRUIT / VEGGIE BAR MILK             | FRUIT / VEGGIE BAR MILK                    | FRUIT / VEGGIE BAR MILK  | FRUIT / VEGGIE BAR MILK                      | FRUIT / VEGGIE BAR MILK               |              |
| 9                                   | BEEF AND CHEESE 10<br>NACHOS               | CHICKEN (TENDERS) 11<br>& WAFFLES                                    | CHICKEN TERIYAKI 12<br>ON RICE               | PEPPERONI PIZZA 13<br>(STUFFED CRUST) |              |
| <b>NO SCHOOL</b>                    | REFRIED BEANS                              | CORN   | GARLIC BROCCOLI                              | GREEN BEANS                           |              |
|                                     | PEARS                                      | APPLESAUCE   | MANDARIN ORANGES                             | FRESH FRUIT                           |              |
|                                     | FRUIT / VEGGIE BAR MILK                    | FRUIT / VEGGIE BAR MILK  | FRUIT / VEGGIE BAR MILK                      | FRUIT / VEGGIE BAR MILK               |              |
| BBQ RIB 16<br>ON BUN                | <b>EARLY DISMISSAL</b> 17<br>WALKING TACOS | POPCORN CHICKEN 18<br>WITH TEA ROLL                                  | <b>EARLY DISMISSAL</b> 19<br>PIZZA CRUNCHERS | 20                                    |              |
| BAKED BEANS                         | CORN                                       | MASHED POTATOES  | GREEN BEANS                                  | <b>NO SCHOOL</b>                      |              |
| PEACHES                             | PINEAPPLE                                  | GRAVY  | FRESH FRUIT                                  |                                       |              |
| FRUIT / VEGGIE BAR MILK             | FRUIT / VEGGIE BAR MILK                    | APPLESAUCE CUPS  | FRUIT / VEGGIE BAR MILK                      |                                       |              |
| FRUIT / VEGGIE BAR MILK             | FRUIT / VEGGIE BAR MILK                    | FRUIT / VEGGIE BAR MILK  | FRUIT / VEGGIE BAR MILK                      |                                       |              |
| HOT DOG ON BUN 23                   | CHICKEN QUESADILLA 24                      | <b>1:00 PM DISMISSAL</b> 25<br>CRISPY CHICKEN ON BUN                 | SALISBURY STEAK 26<br>W/ GARLIC TOAST        | CHEESE PIZZA 27                       |              |
| FRENCH FRIES                        | CORN                                       | BROCCOLI W/CHEESE  | BAKED POTATO                                 | GREEN BEANS                           |              |
| FRUIT CUP                           | REFRIED BEANS                              | PEARS  | FRESH FRUIT                                  | PINEAPPLE                             |              |
| FRUIT / VEGGIE BAR MILK             | MANDARIN ORANGES                           | FRUIT / VEGGIE BAR MILK  | FRUIT / VEGGIE BAR MILK                      | FRUIT / VEGGIE BAR MILK               |              |
| FRUIT / VEGGIE BAR MILK             | FRUIT / VEGGIE BAR MILK                    | FRUIT / VEGGIE BAR MILK  | FRUIT / VEGGIE BAR MILK                      | FRUIT / VEGGIE BAR MILK               |              |
| BREADED PORK CHOP 30<br>WITH MUFFIN | CHICKEN 31<br>FAJITAS                      |  |  |                                       |              |
| BAKED BEANS                         | CORN                                       |  |  |                                       |              |
| PEACHES                             | PEPPERS & ONIONS                           |  |  |                                       |              |
| FRUIT / VEGGIE BAR MILK             | 100% JUICE                                 |  |  |                                       |              |
| FRUIT / VEGGIE BAR MILK             | FRUIT / VEGGIE BAR MILK                    | <b>EVERYDAY THERE WILL BE<br/>A CHOICE OF A<br/>HAMBURGER ON BUN</b> |  |                                       |              |

\*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, & a 2nd Fruit Daily

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May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.

| BREAKFAST  |   | LA PORTE ELEMENTARY  |  |   | October 2023 |
|--|---|--|--|---|--------------|
| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |              |
| <b>DONUTS</b> 2<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk                 | <b>OMELET W/ TOAST</b> 3<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk         | <b>WAFFLES</b> 4<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk              | <b>BREAKFAST BURRITO</b> 5<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk    | <b>YOGURT PARFAIT</b> 6<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk    |              |
| <b>9</b>   | <b>BREAKFAST BAR W/ TOAST</b> 10<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk | <b>PANCAKES</b> 11<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk            | <b>BREAKFAST PIZZA</b> 12<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk     | <b>YOGURT PARFAIT</b> 13<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk   |              |
| <b>NO SCHOOL</b>   |   |  |  |   |              |
| <b>MINI CINNIS</b> 16<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk           | <b>OMELET W/ TOAST</b> 17<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk        | <b>FRENCH TOAST STICKS</b> 18<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk | <b>BREAKFAST BURRITO</b> 19<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk   | <b>20</b><br><b>NO SCHOOL</b>   |              |
| <b>FRUIT FRUDEL</b> 23<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk          | <b>BREAKFAST BAR W/ TOAST</b> 24<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk | <b>WAFFLES</b> 25<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk             | <b>BREAKFAST PIZZA</b> 26<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk     | <b>YOGURT PARFAIT</b> 27<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk   |              |
| <b>BAGEL W/ CREAM CHEESE</b> 30<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk | <b>OMELET W/ TOAST</b> 31<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk        | <b>PANCAKES</b> 11/1<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk          | <b>BREAKFAST BURRITO</b> 11/2<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk | <b>YOGURT PARFAIT</b> 11/3<br>Choice: Cereal with Muffin, Yogurt, or Oatmeal Bar<br>100% Fruit Juice & Fruit Milk |              |