



# LA PORTE CITY ELEMENTARY WEEKLY NEWSLETTER

*"Union Community Schools-Education To Meet Tomorrow's Challenges"*

Friday, September 30, 2022 | Newsletter #6 - **NEW YEAR - NEW UNION**

## **NEXT WEEK'S SCHEDULE**

**Monday, October 3** - 28th Day of School - Day 4 (ART & MUSIC)

- Regular Day of School for TK through 5th Grades(No Preschool on Mondays)

**Tuesday, October 4** - 29th Day of School - Day 5 (LIBRARY & PE)

- Regular Day of School for Preschool through 5th Grades

**Wednesday, October 5** - 30th Day of School - Day 6 (MUSIC & PE)

- Regular Day of School for Preschool through 5th Grades

**Thursday, October 6** - 31st Day of School - Day 1 (LIBRARY & MUSIC )

- Regular Day of School for Preschool through 5th Grades

**Friday, October 7** - 32nd Day of School - Day 2 (ART & PE)

- Regular Day of School for Preschool through 5th Grades

## **UPCOMING SCHEDULE**

**OCTOBER PILLAR OF CHARACTER SPOTLIGHT: PILLAR OF CITIZENSHIP**

**Wednesday, October 12** - Wear the color of purple which symbolizes the pillar of citizenship

**Monday, October 10 - Thursday October 20** - Canned Food Drive

**Tuesday, October 18** - Early dismissal: 2:25 Walkers/Car Riders - 2:35 Bus Riders

Parent-Teacher Conferences 3:00-7:00pm

**Thursday, October 20** - Early dismissal: 2:25 Walkers/Car Riders - 2:35 Bus Riders

Parent-Teacher Conferences 3:00-7:00pm

**Friday, October 21** - No School - Teacher Comp Day

**Monday, October 24** - No School Teacher Professional Development

## **HOME FOOTBALL GAME REMINDERS**

Our next varsity home football game is tonight as we celebrate Homecoming. A reminder that there is No Smoking allowed on the Union Community School District grounds pursuant to the Iowa Smokefree Air Act. The school does not provide direct supervision of students, but will uphold appropriate student behavior and student expectations as follows: 1. Ideally, elementary students should sit with their parents or in



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small parent-supervised groups in the bleachers and watch the game. 2. If your child brings a football to the game, we ask that they play catch away from where fans are watching the game. 3. No students are allowed on the practice field behind the scoreboard outside of the fence. 4. We also are asking that students dispose of all plastic bottles and trash properly in the waste cans available. 5. No kicking or throwing of pop bottles will be allowed. 6. Also we ask that students do not sit or stand in the middle of the brick retaining wall under the scoreboard. Your cooperation is needed and very much appreciated. We want students to have fun and show their school spirit in a positive way. Go Knights!!!!

## **OCTOBER PILLAR OF CHARACTER SPOTLIGHT:** **PILLAR OF CITIZENSHIP**

The October Pillar of Character Spotlight is on the Pillar of Citizenship. The **Pillar of Citizenship** is demonstrated by working well with others, following the school rules, being a positive leader in the classroom, is a good neighbor to those that they are around, being involved in activities at school and in the community, protecting and taking care of our environment, and helping make LPC Elementary a better place. On Wednesday, October 12 we will wear the color purple which symbolizes the Pillar of Citizenship.

## **CANNED FOOD DRIVE COMING SOON**

Students can bring in the donated items to their classrooms from **October 10-20**. All donations will benefit the LPC Food Pantry located at Heartland Church in La Porte City. This is an excellent opportunity for our students to learn about and see in action how being a **good citizen** can make our school and community a better place. We are partnering with Hawkins Memorial Library. Non-perishable food items are requested, but personal items such as toothbrushes, toothpaste, dish soap, laundry detergent, paper towels, toilet paper, baby food, diapers, and wipes will also be appreciated.



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## **KEEP AN EYE OUT FOR HEAD LICE**

It is that time of year that we need to have parents keep an eye out for head lice. Please see the letter from our school nurse below regarding head lice. Maybe do a quick check on your child's hair as they may have been exposed at school. Thank you for your help with this.

Dear LaPorte City Elementary Student's Parents,

Your child may have been exposed to head lice while at school. While this is inconvenient, it is not life threatening. However, your immediate attention is required to insure that the nuisance is not spread. Please follow the guidelines below. If you have any questions, do not hesitate to call the office.

### Ways To Prevent the Spread of Lice

Do not share combs, hair brushes, towels, hats, bike or batting helmets, sleeping bag, or pillows.  
Avoid hanging hats and coats next to others' clothing.

### What To Look For

Excessive scratching of head, especially at the back of the head just above the neck.  
Nits on the hair. These are usually pearly-grey in color and are attached to the hair shaft near the scalp.  
Nits are distinguished from dandruff because they stick to the hair shaft.

### What To Do If You Find Nits

Notify the school office (342-3033)  
Treat your child and all household members with a lice shampoo recommended by your pharmacist. Follow all instructions carefully!  
Use a nit comb after treatment to remove lice from hair shafts. A 10% vinegar rinse helps to loosen the nits from the hair shafts.  
Wash all bed linens and washable clothing in hot water.  
Place all non-washable items such as stuffed toys in a sealed plastic bag for 21 days.  
Vacuum furniture, rugs and floors.

### When Children Can Return to School

Children with head lice are to be kept out of school until treated and nit free. Before your child's return to the classroom, the school office staff will assist in rechecking him/her before allowing return to the classroom.

Thank you so much for your time and attention to this.  
Alyssa Linderer, RN  
LaPorte City Elementary and Union High School Nurse



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## **VISITORS AT SCHOOL**

Parent visitors are allowed at school this year, but need to be scheduled in advance with the classroom teacher. When planning a school visit, parents are asked to consider keeping the visit short to minimize disruption in your child's day and the classroom schedule. If you plan to eat lunch with your child, notify the office by 8:30 AM the morning of your visit., so you can be included in the lunch account. The adult visitor fee for lunch is \$4.15 and will need to be paid in the office the day of the visit. Adult visitor lunch fees cannot be paid out of your student's account.

## **HAWKINS MEMORIAL LIBRARY:**

- October is [National Book Month!](#) We encourage everyone to pick up that book they've been "meaning to read" and read it. Drop by the library and roam around a section, pick a book with the most interesting cover, or ask the librarian for a suggestion. Did you know that six additional minutes of reading per day can significantly improve kids' reading performance? Students, stop in and pick up a reading page to complete and earn an ice cream cone!
- Monday, October 3 through Saturday, October 8, is coloring week. The library will have colors, pencils, markers, and plenty of pages and bookmarks to decorate. All ages are welcome.
- [Why Mosquitoes Buzz in People's Ears](#), by Verna Aardema, is the October window story you can read while strolling through downtown. In this Caldecott Medal winner, Mosquito tells a story that causes a jungle disaster. The book begins in the library's front window, and then you follow the directions to read the next set of pages.

## ***NEW YEAR - NEW UNION - GO KNIGHTS!***





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BREAKFAST		LEL			October 2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>MINI CINNIS</b> 3	<b>OMELET</b> w/ TOAST OR MUFFIN 4	<b>FRENCH TOAST</b> 5	<b>BREAKFAST PIZZA</b> 6	<b>YOGURT PARFAIT</b> 7	
CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CEREAL w/ MUFFIN OR OATMEAL BAR	
OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT		
CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	
100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	
MILK	MILK	MILK	MILK	MILK	
<b>DONUTS</b> 10	<b>POWER BITES</b> w/ TOAST OR MUFFIN 11	<b>WAFFLES</b> 12	<b>SAUSAGE PANCAKE STICK</b> 13	<b>YOGURT PARFAIT</b> 14	
CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CEREAL w/ MUFFIN OR OATMEAL BAR	
OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT		
CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	
100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	
MILK	MILK	MILK	MILK	MILK	
<b>MINI APPLE BITES</b> 17	<b>OMELET</b> w/ TOAST OR MUFFIN 18	<b>PANCAKES</b> 19	<b>BREAKFAST PIZZA</b> 20		21
CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR		
OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT		NO SCHOOL
CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE		
100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT		
MILK	MILK	MILK	MILK		
	<b>POWER BITES</b> w/ TOAST OR MUFFIN 25	<b>FRENCH TOAST</b> 26	<b>SAUSAGE PANCAKE STICK</b> 27	<b>YOGURT PARFAIT</b> 28	
	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CHOICE: CEREAL w/MUFFIN OR	CEREAL w/ MUFFIN OR OATMEAL BAR	
NO SCHOOL	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT	OATMEAL BAR OR YOGURT		
	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	CHOICE: UNCRUSTABLE	
	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	100% FRUIT JUICE & FRUIT	
	MILK	MILK	MILK	MILK	
<b>DONUTS</b> 31					
CHOICE: CEREAL w/MUFFIN OR					
OATMEAL BAR OR YOGURT					
CHOICE: UNCRUSTABLE					
100% FRUIT JUICE & FRUIT					
MILK					



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LUNCH		LEL			October 2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>MINI CORNDOG</b> 3	<b>CRISPITO BURRITO</b> 4	<b>CRISPY CHICKEN ON BUN</b> 5	<b>BBQ RIB ON BUN</b> 6	<b>PEPPERONI PIZZA</b> 7	
Choice: Hamburger on Bun	Choice: Hamburger on Bun	Choice: Hamburger on Bun	Choice: Hamburger on Bun	Choice: Hamburger on Bun	
Sweet Potato Fries	Corn	Baked Beans	Broccoli w/ Cheese	Mixed Veggies	
Fruit/Veggie Bar	Fruit/Veggie Bar	Fruit/Veggie Bar	Fruit/Veggie Bar	Fruit/Veggie Bar	
Peaches	Mandarin Oranges	100 % Juice	Pears	Pineapple	
Milk (4)	Milk (5)	Milk (6)	Milk (1)	Milk (2)	
<b>WG BREADED PORK</b> 10	<b>SOFT SHELL TACO</b> 11	<b>POPCORN CHICKEN</b> 12	<b>TERYAKI DIPPERS</b> 13	<b>KNIGHT STICKS</b> 14	
W/ CORN MUFFIN	Choice: Hamburger on Bun	W/ TEA ROLL	W/ BROWN RICE	Choice: Hamburger on Bun	
Choice: Hamburger on Bun	Corn	Choice: Hamburger on Bun	Choice: Hamburger on Bun	Green Beans	
Baked Beans	Fruit/Veggie Bar	Mashed Potatoes & Gravy	Egg Roll & Oriental Mix	Fruit/Veggie Bar	
Fruit/Veggie Bar (3)	Mandarin Oranges	Applesauce (5)	Fresh Fruit (6)	Fresh Fruit	
Peaches Milk	Milk (4)	Fruit/Veggie Bar Milk	Fruit/Veggie Bar Milk	Milk (1)	
<b>LASAGNA ROLLUPS</b> 17	<b>WALKING TACO</b> 18	<b>CRISPY CHICKEN ON BUN</b> 19	<b>SAUSAGE SMOKIES w/ 20</b>		21
W/ Garlic Breadstick	Choice: Hamburger on Bun	Choice: Hamburger on Bun	WAFFLES		
Choice: Hamburger on Bun	Corn & Refried Beans	Choice: Hamburger on Bun	Choice: Hamburger on Bun	NO SCHOOL	
California Medley	Fruit/Veggie Bar	Broccoli w/ Cheese	Hashbrown Potatoes		
Fruit/Veggie Bar (2)	Bananas EARLY DISMISSAL 2:35	Fruit/Veggie Bar	Fresh Fruit EARLY DISMISSAL 2:35		
Peaches Milk	Milk (3)	Pears	Fruit/Veggie Bar Milk (5)		
		Milk (4)			
	<b>CHICKEN &amp; CHEESE</b> 25	<b>CHICKEN NUGGETS</b> 26	<b>MACARONI &amp; CHEESE</b> 27	<b>PIZZA CRUNCHERS</b> 28	
	<b>QUESADILLA</b>	W/ TEA ROLL	W/ GARLIC BREADSTICK	Choice: Hamburger on Bun	
NO SCHOOL	Choice: Hamburger on Bun	Choice: Hamburger on Bun	Choice: Hamburger on Bun	Green Beans	
	Refried Beans	Mashed Potatoes & Gravy	Peas	Fruit/Veggie Bar	
	Mandarin Oranges (6)	Applesauce (1)	Fresh Fruit (2)	Pineapple	
	Fruit/Veggie Bar Milk	Fruit/Veggie Bar Milk	Fruit/Veggie Bar Milk	Milk (3)	
<b>SHRIMP POPPERS w/ CHEESE STICK</b> 31				<b>Fresh Fruit=</b>	
Choice: Hamburger on Bun				FFA Seasonal Fruit From Garden	
Mixed Veggies				Watermelon & Cantalope	
Peaches (4)				Apples & Oranges	
Fruit/Veggie Bar Milk				Grapes	

\*Vegetable / Fruit Bar Contains: Fresh Romaine Lettuce, Tomatoes, Carrots, Cucumbers, And A Second Fruit Daily.

May Also Contain Other Choices Like Celery, Peppers, And Cauliflower. All Items On Menu Are Subject To Change Based On Product Availability.



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