

May & June 2021

DG & LPC Elementary

Carb Count LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.	All items listed will be provided in each meal. Menu is subject to change without notice.			
3 Chicken Nuggets 16g w/tea roll 20g Mashed potatoes 14g Carrots Baby fresh 6g Applesauce 15g Milk 12-25g	4 Hamburger 2g on bun 30g Broccoli Fresh 12g Carrots fresh 6g Mandarin Oranges 23g Milk 12-25g	5 Cheese pizza 35g Lettuce & tomato 2.5g Carrots fresh 6g Pineapple 14g Milk 12-25g	6 Breakfast for LUNCH Sausage smokies 3g & Pancakes 37g Potato Hash brown 15g Carrots fresh 6g Apple slices 11.5g Milk 12-25g	7 Spaghetti w/meat sauce 34.24 & garlic breadstick 13g Corn 13g Carrots fresh 6g Pears 20g Milk 12-25g
10 Chicken popcorn 16g w/tea roll 20g Mashed Potatoes 14g Carrots Fresh 6g Applesauce 15g Milk 12-25g	11 Mini Corndogs 26g Green Beans 4g Carrots fresh 6g Banana 18g Milk 12-25g	12 Walking Taco 25g Lettuce & tomato 2.5g Carrots fresh 6g Peaches 14g Milk 12-25g	13 Pork Rib Patty 12g on bun 30g Baked Beans 36g Carrots fresh 6g Apple Slices 11.5g Milk 12-25g	14 Macaroni & Cheese 27.44g Garlic breadstick 13g Peas 12g Carrots fresh 6g Mixed fruit 19g Milk 12-25g
17 Chicken Nuggets 16g w/tea roll 20g Mashed potatoes 14g Carrots Baby fresh 6g Applesauce 15g Milk 12-25g	18 Brd Chicken Patty 16g on bun 30g Broccoli w/cheese sauce 12g Carrots fresh 6g Side Kick Fruit Juice 22g Milk 12-25g	19 Pepperoni pizza 36g Lettuce & tomato 2.5g Carrots fresh 6g Pineapple 14g Milk 12-25g	20 Hot dog 1g On Bun 30g Potato French Fries 18g Carrots fresh 6g Apple slices 11.5g Milk 12-25g	21 Cheese filled breadstick 30g w/marinara 6g Green beans 4g Carrots fresh 6g Pears 20g Milk 12-25g
24 Chicken popcorn 16g w/tea roll 20g Mashed Potatoes 14g Carrots Fresh 6g Applesauce 15g Milk 12-25g	25 Italian Grilled chicken 2g on bun 30g Broccoli fresh 12g Carrots fresh 6g Mandarin oranges 23g Milk 12-25g	26 Queso cheese 2g & beef 4.5g Nachos-chips 28g Lettuce & tomato 2.5g Carrots fresh 6g Apple slices 11.5g Milk 12-25g	27 Deli Sub Ham/Turkey/cheese 1.5g on bun 30g Sweet Potato fries 20g Carrots fresh 6g Banana 18g Milk 12-25g	28 Shrimp Poppers 21g w/1 cheese filled breadstick 15g Corn 13g Carrots fresh 6g Peaches 14g Milk 12-25g
31 NO SCHOOL	June 1 Cook's Choice	June 2 Cook's Choice	June 3 Cook's Choice	June 4 Cook's Choice