

LUNCH UMS Grab & Go August/September Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.	All items listed will be provided in each meal. Menu is subject to change without notice.	Chef Salad Meal Contains: Ham & Cheddar Cheese Romaine lettuce Tomatoes, Cucumbers, & Carrots Fruit –on menu Goldfish crackers & grahams Milk	27 Chicken Nuggets w/tea roll Carrots Baby fresh Broccoli Fresh Apple slices Milk Choice: Chef Salad Meal	28 Cheese filled breadstick w/marinara Corn Carrots baby fresh Peaches Milk Choice: Chef Salad Meal
31 Chicken popcorn w/tea roll Green Beans Carrots Fresh Applesauce Milk Choice: Chef Salad Meal	Sept. 1 Hamburger on bun Potato tots Carrots fresh Mandarin oranges Milk Choice: Chef Salad Meal	2 Pepperoni pizza Broccoli Fresh Carrots fresh Pineapple Milk Choice: Chef Salad Meal	3 Deli Turkey/cheese on bun Baked beans Carrots fresh Apple slices Milk Choice: Chef Salad Meal	4 Mini Corndogs Corn Carrots fresh Pears Milk Choice: Chef Salad Meal
7 NO SCHOOL	8 Deli Ham/cheese on bun Potato French fries Carrots fresh Mandarin oranges Milk Choice: Chef Salad Meal	9 Cheese pizza Lettuce & cherry tomatoes Carrots fresh Pineapple Milk Choice: Chef Salad Meal	10 Pork Rib Patty on bun Baked Beans Carrots fresh Apple Slices Milk Choice: Chef Salad Meal	11 Cheese filled breadstick w/marinara Broccoli fresh Carrots fresh Pears Milk Choice: Chef Salad Meal
14 Chicken Nuggets w/tea roll Mashed potatoes Carrots Baby fresh Applesauce Milk Choice: Chef Salad Meal	15 Hot dog On Bun Baked beans Carrots fresh Banana Milk Choice: Chef Salad Meal	16 Walking Taco Lettuce & tomato Carrots fresh Peaches Milk Choice: Chef Salad Meal	17 Chicken Patty on bun Corn Carrots fresh Apple slices Milk Choice: Chef Salad Meal	18 Pizza Crunchers Broccoli fresh Carrots fresh Pineapple Milk Choice: Chef Salad Meal
21 Chicken popcorn w/tea roll Green Beans Carrots Fresh Applesauce Milk Choice: Chef Salad Meal	22 Hamburger on bun Potato tots Carrots fresh Mandarin oranges Milk Choice: Chef Salad Meal	23 Pepperoni pizza Broccoli Fresh Carrots fresh Pineapple Milk Choice: Chef Salad Meal	24 Deli Turkey/cheese on bun Baked beans Carrots fresh Apple slices Milk Choice: Chef Salad Meal	25 Mini Corndogs Corn Carrots fresh Pears Milk Choice: Chef Salad Meal
28 Chicken Nuggets w/tea roll Mashed potatoes Carrots Baby fresh Applesauce Milk Choice: Chef Salad Meal	29 Deli Ham/cheese on bun Potato French fries Carrots fresh Mandarin oranges Milk Choice: Chef Salad Meal	30 Cheese pizza Lettuce & cherry tomatoes Carrots fresh Pineapple Milk Choice: Chef Salad Meal	Oct. 1 Pork Rib Patty on bun Baked Beans Carrots fresh Apple Slices Milk Choice: Chef Salad Meal	Oct. 2 Cheese filled breadstick w/marinara Broccoli fresh Carrots fresh Pears Milk Choice: Chef Salad Meal

BREAKFAST UMS Grab & Go August/September Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.	All items listed will be provided in each meal. Menu is subject to change without notice.		27 Cereal w/yogurt 100% fruit Juice Fruit Milk	28 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk
31 Mini Donut Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	Sept. 1 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	2 Fruit Frudel Choice: Cereal w/ muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	3 Muffin w/yogurt Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	4 Bagel stick w/cream cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk
7 NO SCHOOL	8 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	9 Fruit Frudel Choice: Cereal w/ muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	10 Muffin w/string cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	11 Bagel stick w/cream cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk
14 Mini Donut Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	15 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	16 Fruit Frudel Choice: Cereal w/ muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	17 Muffin w/yogurt Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	18 Bagel stick w/cream cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk
21 Mini Donut Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	22 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	23 Fruit Frudel Choice: Cereal w/ muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	24 Muffin w/yogurt Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	25 Bagel stick w/cream cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk
28 Mini Donut Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	29 Mini Cinnis Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	30 Fruit Frudel Choice: Cereal w/ muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	Oct. 1 Muffin w/string cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk	Oct. 2 Bagel stick w/cream cheese Choice: Cereal w/muffin Choice: Peanutbutter/jelly Uncrustable 100% fruit Juice Fruit Milk