


UMS November 2019 Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast Alternate Choices:</i> Cereal Toast Muffin String cheese yogurt				1 Pizza Cruncher Choice: Cheese filled Breadstick Green beans Pineapple <i>WG Mini Donuts & Fruit/Juice</i>
4 Meatball/cheese sub Choice: Cheeseburger on bun Crosstrax Sweet Potatoes Pears <i>Sausage patty on Biscuit & Fruit/Juice</i>	5 Teriyaki Chicken on Asian rice Choice: Chicken nuggets Broccoli Mandarin Oranges Egg Roll <i>Breakfast Bar, Toast, & Fruit/Juice</i>	6 Crispito (2ct) Choice: Soft Shell Taco Refried Beans Corn Apple Slices <i>French Toast & Fruit/Juice</i>	7 Pancakes w/sausage smokies Choice: Deli Turkey/cheese on bun Triangle hash brown Potato Grape Juice Banana <i>Egg Wrap & Fruit/Juice</i>	8 Shrimp Poppers w/1 cheese filled breadstick Choice: Cheese filled Breadstick Green beans Peaches <i>Yogurt Parfait & Fruit/Juice</i>
11 Italian Chicken patty on bun Choice: Hamburger on bun Broccoli, cauliflower, carrot w/cheese Rosy Applesauce <i>Sausage Pancake Stick & Fruit/Juice</i>	12 Salisbury Steak w/tea roll Choice: Popcorn Chicken w/tea roll Mashed Potatoes w/gravy Coleslaw Blueberries <i>Breakfast bar, toast, & fruit/juice</i>	13 Beef & Bean Nacho's Choice: Soft Shell taco Corn Peaches <i>Pancakes & Fruit/juice</i>	14 Fish Nuggets Choice: Deli Ham/cheese on bun Baked Beans Sweet potato fries Orange slices Chocolate chip cookie <i>Egg Omelet, Toast, & Fruit/Juice</i>	15 Spaghetti w/meat sauce & garlic breadstick Choice: Cheese filled Breadstick Mixed Veggies Pears <i>Mini Cinnis & Fruit/Juice</i>
18 Pulled Pork on bun Choice: Hamburger on bun Broccoli w/cheese sauce Pineapple <i>Egg Patty/cheese on biscuit, & fruit/juice</i>	19 Mandarin Orange Chicken on rice Choice: Chicken Nuggets Asain Veggies Mandarin oranges Egg Roll <i>Breakfast bar, toast, & fruit/juice</i>	20 Chicken/cheese Fajita w/tortilla Choice: Soft Shell Taco Mexican Corn(Baja) Refried Beans Apple slices <i>French toast & Fruit/juice</i>	21 Thanksgiving Dinner Turkey Mashed Potatoes w/gravy Green Beans Fruit salad Tea Roll Pumpkin Pudding Dessert <i>Breakfast pizza & Fruit/Juice</i>	22 Lasagna Roll Up w/garlic breadstick Choice: Cheese filled Breadsticks Corn & Carrots Peaches <i>Mini Bagel w/cream cheese &Fruit/Juice</i>
25 Hot Dog on bun Choice: Cheeseburger on bun Sweet potato crosstrax Sauerkraut Mandarin oranges <i>Sausage patty on biscuit & Fruit/Juice</i>	26 Garlic Cheese French Bread Pizza Choice: Deli Ham/cheese on bun Corn Pineapple <i>Breakfast Bar, Toast, & Fruit/Juice</i>	27 No School	 <h3 style="margin: 0;">Happy Thanksgiving</h3>	29 No School

Menu is subject to change without notice.
 Lunch is in plain type. Breakfast is in *italic*.
 Milk served with all meals
 Cereal w/toast, fruit, & milk is offered at breakfast daily.

UMS has alternate deli meat, cheese, & grain offered at lunch.
 UHS has alternate deli meat, cheese & grain, hamburger on bun or yogurt parfait offered at lunch.
 All buildings Veg/Fruit bar offered at lunch daily-lettuce, tomato, carrots, a 2nd fruit & fresh vegetable.
 USDA is an equal opportunity provider and employer