


## UHS November 2019 Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast Alternate Choices:</i> Cereal Toast Muffin String cheese Yogurt Uncrustable				1 Pizza Cruncher Choice: Cheese filled Breadstick Green beans Pineapple  <i>WG Mini Donuts &amp; Fruit/Juice</i>
4 Meatball/cheese sub Choice: Cheeseburger on bun Crosstrax Sweet Potatoes Pears  <i>Sausage patty on Biscuit &amp; Fruit/Juice</i>	5 Teriyaki Chicken on Asian rice Choice: Chicken nuggets Broccoli Mandarin Oranges Egg Roll  <i>Breakfast Bar, Toast, &amp; Fruit/Juice</i>	6 Crispito (2ct) Choice: Soft Shell Taco Refried Beans Corn Apple Slices  <i>French Toast &amp; Fruit/Juice</i>	7 Pancakes w/sausage smokies Choice: Deli Turkey/cheese on bun Triangle hash brown Potato Grape Juice Banana  <i>Egg Wrap &amp; Fruit/Juice</i>	8 Shrimp Poppers w/1 cheese filled breadstick Choice: Cheese filled Breadstick Green beans Peaches  <i>Yogurt Parfait &amp; Fruit/Juice</i>
11 Italian Chicken patty on bun Choice: Cowboyburger on bun Broccoli, cauliflower, carrot w/cheese Rosy Applesauce  <i>Sausage Pancake Stick &amp; Fruit/Juice</i>	12 Salisbury Steak w/2 tea roll Choice: Popcorn Chicken w/ 1 tea roll Mashed Potatoes w/gravy Coleslaw Blueberries  <i>Breakfast bar, toast, &amp; fruit/juice</i>	13 Beef & Bean Nacho's Choice: Soft Shell taco Corn Peaches  <i>Pancakes &amp; Fruit/juice</i>	14 Fish Nuggets w/1 tea roll Choice: Deli Ham/cheese on bun Baked Beans Sweet potato fries Orange slices Chocolate chip cookie  <i>Egg Omelet, Toast, &amp; Fruit/Juice</i>	15 Spaghetti w/meat sauce & garlic breadstick Choice: Cheese filled Breadstick Mixed Veggies Pears  <i>Mini Cinnis &amp; Fruit/Juice</i>
18 Pulled Pork on bun Choice: Cowboyburger on bun Broccoli w/cheese sauce Pineapple  <i>Egg Patty/cheese on biscuit, &amp; fruit/juice</i>	19 Mandarin Orange Chicken on rice Choice: Chicken Nuggets Asain Veggies Mandarin oranges Egg Roll  <i>Breakfast bar, toast, &amp; fruit/juice</i>	20 Chicken/cheese Fajita w/tortilla Choice: Soft Shell Taco Mexican Corn(Baja) Refried Beans Apple slices  <i>French toast &amp; Fruit/juice</i>	21 Thanksgiving Dinner Turkey Mashed Potatoes w/gravy Green Beans Fruit salad Tea Roll(2ct) Pumpkin Pudding Dessert  <i>Breakfast pizza &amp; Fruit/Juice</i>	22 Lasagna Roll Up w/garlic breadstick Choice: Cheese filled Breadsticks Corn & Carrots Peaches  <i>Mini Bagel w/cream cheese &amp;Fruit/Juice</i>
25 Hot Dog on bun Choice: Cheeseburger on bun Sweet potato crosstrax Sauerkraut Mandarin oranges  <i>Sausage patty on biscuit &amp; Fruit/Juice</i>	26 Garlic Cheese French Bread Pizza Choice: Deli Ham/cheese on bun Corn Pineapple  <i>Breakfast Bar, Toast, &amp; Fruit/Juice</i>	27 <b>No School</b>	 <h3 style="margin: 0;">Happy Thanksgiving</h3>	29 <b>No School</b>

Menu is subject to change without notice.  
 Lunch is in plain type. Breakfast is in *italic*.  
 Milk served with all meals  
 Cereal w/toast, fruit, & milk is offered at breakfast daily.

UMS has alternate deli meat, cheese, & grain offered at lunch.  
 UHS has alternate deli meat, cheese & grain, hamburger on bun or yogurt parfait offered at lunch.  
 All buildings Veg/Fruit bar offered at lunch daily-lettuce, tomato, carrots, a 2<sup>nd</sup> fruit & fresh vegetable.  
 USDA is an equal opportunity provider and employer