

UMS January 2019 Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL	2 NO SCHOOL	3 Chicken drumstick w/tea roll Choice: Chicken fillet on bun Mashed Potatoes w/gravy Rosy applesauce <i>Egg wrap & fruit juice</i>	4 Lasagna roll up w/garlic breadstick Choice: Cheese filled breadstick Green beans Pears <i>WG Mini Donuts & fruit/juice</i>
7 Pizza burger on bun Choice: Hamburger patty on bun Crosstrax sweet potatoes Blueberries <i>Mini chicken patty sandwich, & fruit/juice</i>	8 Pork Chop patty Choice: Popcorn Chicken Mashed potatoes w/gravy Rosy Applesauce Tea roll <i>Breakfast bar, toast, & fruit/juice</i>	9 Walking Taco Choice: Soft Shell Taco Refried Beans Corn Pinapple <i>French toast & fruit/juice</i>	10 Fish nugget w/tea roll Choice: Chicken fillet on bun Vegetable Soup w/crackers(1 pkg) Banana <i>Breakfast pizza(sausage/gravy) & fruit/juice</i>	11 Mexican Pasta w/garlic breadstick Choice: Cheese Stuffed Breadstick Peas Peaches <i>Yogurt parfait & fruit/juice</i>
14 BBQ Pork Rib on bun Choice: Hamburger on bun Potato tots Baked beans Pears <i>Sausage patty on biscuit & fruit/juice</i>	15 Mandarin Orange Chicken on rice Choice: Chicken Nuggets Asian Veggies Mix Mandarin oranges Egg Roll <i>Breakfast bar, toast, Fruit/Juice</i>	16 Pepperoni Pizza Choice: Soft Shell Beef/cheese Taco Coleslaw Corn Pineapple <i>Pancakes & Fruit/Juice</i>	17 Toasted Cheese sandwich Choice: Chicken fillet on bun Tomato soup w/crackers(1 pkg) Apple slices <i>Egg Omelet, Toast, & Fruit/Juice</i>	18 Chicken Alfredo w/garlic bread stick Choice: Cheese Stuffed Breadstick Green beans Peaches <i>Mini Cinnis & Fruit/Juice</i>
21 NO SCHOOL	22 Macaroni & Cheese Choice: Popcorn Chicken Peas Fresh orange slices Cinnamon roll <i>Breakfast bar, toast, Fruit/Juice</i>	23 Chicken Quesadilla Choice: Soft Shell Beef/cheese Taco Corn Pineapple <i>French toast & Fruit/Juice</i>	24 Cheese burger on bun Choice: Chicken fillet on bun Baked Beans Baked French fries Strawberry & Banana <i>Breakfast pizza & fruit/juice</i>	25 Pizza Crunchers Choice: Cheese Stuffed Breadstick Pizza Green Beans Peaches <i>Blueberry Muffin w/string cheese & Fruit/Juice</i>
28 Meatball w/Moz.cheese sub Choice: Hamburger on bun Sweet Potato fries Pears <i>Egg patty/cheese on biscuit & fruit/juice</i>	29 Teriyaki Chicken on Asian rice Choice: Chicken Nuggets Cooked Carrots Mandarin Oranges Egg Roll <i>Breakfast bar, toast, Fruit/Juice</i>	30 Crispito(2ct) Choice: Soft Shell Beef/cheese Taco Refried Beans Corn Banana <i>Pancakes & Fruit/Juice</i>	31 Breakfast for Lunch French toast w/sausage Choice: Chicken Fillet on bun Triangle Hashbrown Potato Grape Juice <i>Egg wrap & Fruit/Juice</i>	Feb.1 Shrimp poppers w/1cheese stuffed breadstick Choice: Cheese stuffed Breadstick Green Beans Apple slices <i>Yogurt Parfait & Fruit/Juice</i>

Menu is subject to change.

Lunch is in plain type. Breakfast is in *italic*.

Milk served with all meals

Cereal w/toast, fruit, & milk is offered at breakfast daily.

UMS has alternate deli meat, cheese, & grain offered at lunch.

UHS has alternate deli meat, cheese, & grain, hamburger on bun, or yogurt parfait offered at lunch.

All buildings Veg/Fruit bar offered at lunch daily-lettuce, tomato, carrots, a 2nd fruit & fresh vegetable.

USDA is an equal opportunity provider and employer