

## UHS January 2019 Union Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast option everyday</i> Uncrustable(PB&J) Muffin w/string cheese Cereal w/ toast 2 slices toast All served with fruit/Juice & milk	1 <b>NO SCHOOL</b>	2 <b>NO SCHOOL</b>	3 Chicken drumstick w/tea roll Choice: Chicken fillet on bun Mashed Potatoes w/gravy Rosy applesauce  <i>Egg wrap &amp; fruit juice</i>	4 Lasagna roll up w/garlic breadstick Choice: Cheese filled breadstick Green beans Pears  <i>WG Mini Donuts &amp; fruit/juice</i>
7 Pizza burger on bun Choice: Hamburger patty on bun Crosstrax sweet potatoes Blueberries  <i>Mini chicken patty sandwich, &amp; fruit/juice</i>	8 Pork Chop patty w/2 tea roll Choice: Popcorn Chicken w/1 tea roll Mashed potatoes w/gravy Rosy Applesauce  <i>Breakfast bar, toast, &amp; fruit/juice</i>	9 Walking Taco Choice: Soft Shell Taco Refried Beans Corn Pinapple Spanish rice  <i>French toast &amp; fruit/juice</i>	10 Fish nugget w/tea roll Choice: Chicken fillet on bun Vegetable Soup w/crackers(2pkg) Banana  <i>Breakfast pizza(sausage/gravy) &amp; fruit/juice</i>	11 Mexican Pasta w/garlic breadstick Choice: Cheese Stuffed Breadstick Peas Peaches  <i>Yogurt parfait &amp; fruit/juice</i>
14 BBQ Pork Rib on bun Choice: Hamburger on bun Potato tots Baked beans Pears  <i>Sausage patty on biscuit &amp; fruit/juice</i>	15 Mandarin Orange Chicken on rice Choice: Chicken Nuggets Asian Veggies Mix Mandarin oranges Egg Roll  <i>Breakfast bar, toast, Fruit/Juice</i>	16 Pepperoni Pizza Choice: Soft Shell Beef/cheese Taco Coleslaw Corn Pineapple  <i>Pancakes &amp; Fruit/Juice</i>	17 Toasted Cheese sandwich Choice: Chicken fillet on bun Tomato soup w/crackers(2 pkg) Apple slices  <i>Egg Omelet, Toast, &amp; Fruit/Juice</i>	18 Chicken Alfredo w/garlic bread stick Choice: Cheese Stuffed Breadstick Green beans Peaches  <i>Mini Cinnis &amp; Fruit/Juice</i>
21 <b>NO SCHOOL</b>	22 Macaroni & Cheese Choice: Popcorn Chicken Peas Fresh orange slices Cinnamon roll  <i>Breakfast bar, toast, Fruit/Juice</i>	23 Chicken Quesadilla Choice: Soft Shell Beef/cheese Taco Corn Pineapple  <i>French toast &amp; Fruit/Juice</i>	24 Cheese burger on bun Choice: Chicken fillet on bun Baked Beans Baked French fries Strawberry & Banana  <i>Breakfast pizza &amp; fruit/juice</i>	25 Pizza Crunchers Choice: Cheese Stuffed Breadstick Pizza Green Beans Peaches  <i>Blueberry Muffin w/string cheese &amp; Fruit/Juice</i>
28 Meatball w/Moz.cheese sub Choice: Hamburger on bun Sweet Potato fries Pears  <i>Egg patty/cheese on biscuit &amp; fruit/juice</i>	29 Teriyaki Chicken on Asian rice Choice: Chicken Nuggets Cooked Carrots Mandarin Oranges Egg Roll  <i>Breakfast bar, toast, Fruit/Juice</i>	30 Crispito(2ct) Choice: Soft Shell Beef/cheese Taco Refried Beans Corn Banana  <i>Pancakes &amp; Fruit/Juice</i>	31 Breakfast for Lunch French toast w/sausage Choice: Chicken Fillet on bun Triangle Hashbrown Potato Grape Juice  <i>Egg wrap &amp; Fruit/Juice</i>	Feb.1 Shrimp poppers w/1cheese stuffed breadstick Choice: Cheese stuffed Breadstick Green Beans Apple slices  <i>Yogurt Parfait &amp; Fruit/Juice</i>

Menu is subject to change.

Lunch is in plain type. Breakfast is in *italic*.

Milk served with all meals

Cereal w/toast, fruit, & milk is offered at breakfast daily.

UMS has alternate deli meat, cheese, & grain offered at lunch.

UHS has alternate deli meat, cheese, & grain, hamburger on bun, or yogurt parfait offered at lunch.

All buildings Veg/Fruit bar offered at lunch daily-lettuce, tomato, carrots, a 2<sup>nd</sup> fruit & fresh vegetable.

USDA is an equal opportunity provider and employer